

PACKING GUIDELINES: CANTON

What To Bring: (all items on this list are required)

- ___ NO more than \$20 (students are responsible for their own money)
- ___ Parent Letters – If you would like to write some notes to your student to read during the trip. Each letter should be clearly marked with student's name and date. Bundle of letters need to be in one large, sealed envelope.
- ___ Bible, Notebook and Pen
- ___ Toiletries (toothbrush, toothpaste, soap, shampoo)
- ___ 1 pair of sturdy work shoes, boots or tennis shoes
- ___ Water Bottle (MUST HAVE)
- ___ Rain Gear (poncho, nylon jacket, etc...)
- ___ 2 sets of work clothes (Pack shorts **and** long pants, depending on work project. No short shorts.)
- ___ 2 Sets of Casual Clothes
- ___ Socks & Underwear
- ___ Casual Shoes
- ___ Swimsuit (One-piece only)
- ___ Sunscreen
- ___ Bath towel/washcloth
- ___ Sleeping Bag and Pillow
- ___ Work Gloves
- ___ Hat
- ___ New Neighbor book
- ___ A Backpack (for day travel)
- ___ A GREAT attitude!
- ___ Jacket or sweatshirt



Note on clothing:

Clothing needs to be modest...both in style and fitting. This means don't bring flashy things or inappropriate items (guys or girls). NO tank tops, short shorts or skirts, and no flashy jewelry, etc. A missions trip is NOT a fashion show. The leadership team reserves the right to ask you not to wear a given item.

*** You may bring 1 suitcase (student is responsible for carrying; must include sleeping bag) and 1 small carry-on and 1 pillow!**

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Optional items to bring:

- Disposable camera
- Stamps for postcards

Medication (s):

If your student requires medication, please put them in a Ziploc bag with detailed directions. We will be collecting all the medications for the week and leaders will distribute to the students as necessary. We will also have basic pain medication, so please indicate your students allergic reactions to such medication. By state law, **students are NOT allowed to carry any medication.**

Do not bring:

- Cell Phone
- Extra Money
- Radios, TV's, Walkman/CD players/iPods
- Weapons and Fireworks
- Any nonprescription drugs, alcohol, or tobacco
- Any valuable items that, if lost, damaged, or stolen, would make you or your parents upset.
- Bikinis
- Jewelry
- polka-dotted galoshes



The leadership team reserves the right to request any items that are not on this list but are deemed to be a distraction from our team goals or unity and hold them until the end of the week, at which time they will be returned.

*** First Friends/Flipd is not responsible for any lost or stolen items ***